

ADVANCED FOOT & ANKLE SPECIALISTS

Jonathan Pattavina DPM

*61 Summer Street
Keene, NH 03431
(603) 352 - 2944*

*452 Old Street Road Suite 103
Peterborough, NH 03458
(603) 924-7100*

PERMANENT NAIL REMOVAL PROCEDURES

- 1. Soak twice daily, 15-20 minutes in lukewarm water with Epsom salts.**
- 2. Apply 2-3 drops of the Cortisporin otic solution into the nail groove.**
- 3. Apply the Silvadene cream, gauze and paper tape.**
- 4. Flush with Betadine solution after showers**
- 5. Expect drainage. Call if excessive pain or redness.**
- 6. Follow up 7-10 days.**